

## ORTHOPEDIC SHOE APPLIANCE AND METHOD

### Abstract

An apparatus for orthopedic treatment including a first upper surface, a second upper surface, bottom surface, and an angle of inclination formed between the top surface and the bottom surface is disclosed. In addition, the apparatus in some embodiments, may be integrally formed as part of a piece of footwear. A method for providing stability during ambulation including providing an insert and elevating a proximal phalanx using the insert is also disclosed. Also disclosed is an apparatus for orthopedic treatment wherein the angle of inclination is between approximately 1 and 60 degrees. Also disclosed is an apparatus for orthopedic treatment manufactured from an elastomeric material. Also disclosed is an apparatus for orthopedic treatment, where the upper surface further includes at least one fastener.

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